

# PBJ Leadership Training Activities

<b>Title</b>	
<b>Materials</b>	
<b>Objective</b>	
<b>Procedures</b>	
<b>Alternative Procedures</b>	
<b>Reflections</b>	
<b>Awkward Scale</b>	1 2 3 4 5 6 7 8 9 10
<b>Athletic Scale</b>	1 2 3 4 5 6 7 8 9 10
<b>Time Scale</b>	5 10 15 25 30